FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
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l	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or S	ection	n 30(n)	or the	investme	nt Co	mpany Act	of 1940									
1. Name and Address of Reporting Person* COOGAN JAMES GORDON (Last) (First) (Middle) C/O KAMAN CORPORATION 1332 BLUE HILLS AVENUE						2. Issuer Name and Ticker or Trading Symbol KAMAN Corp [KAMN]										Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
					3. Date of Earliest Transaction (Month/Day/Year) 03/01/2021										Officer (give title Other (specify below) VP - IR & BD						
(Street) BLOOMFIELD CT 06002					4. 11 /	4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)						Person															
		Table	e I - No	n-Deriv	ative	Sec	uritie	s Ac	quired,	Dis	posed o	f, or Ber	nefici	ally	Owned						
Date				2. Transa Date (Month/E			2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed (ies Acquired (A) or Of (D) (Instr. 3, 4 a		and 5) Securitie Benefici		s ally ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) or (D) Pr		•	Transaction(s) (Instr. 3 and 4)						
Kaman Cor	mmon Stock	ζ		03/01	/2021				F		244(1)	D	\$48	3.66	5,079						
		Та									osed of, convertib				wned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/E		4. Transa Code (8)		of Deriv Secu Acqu (A) o Disp of (D	r osed) r. 3, 4	Expiration Date (Month/Day/Year)			7. Title an Amount o Securities Underlyin Derivative (Instr. 3 an	of 5 g Securi	S (I	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amou or Numb of Share	er							
Stock Options (Right to Buy)	\$39.22								(2)		02/19/2024	Kaman Common Stock	850			850		D			
Stock Options (Right to Buy)	\$39.54								(2)		02/17/2025	Kaman Common Stock	1,23	6		1,236	5	D			
Stock Options (Right to Buy)	\$ 42.86								(2)		02/23/2026	Kaman Common Stock	3,68	0		3,680)	D			
Stock Options (Right to Buy)	\$51.97								(2)		02/17/2027	Kaman Common Stock	3,79	0		3,790)	D			
Stock Options (Right to Buy)	\$62.46								(2)		02/20/2028	Kaman Common Stock	3,84	0		3,840)	D			
Stock Options (Right to Buy)	\$61.02								(2)		02/18/2029	Kaman Common Stock	3,58	0		3,580)	D			
Stock Options (Right to Buy)	\$ 64.48								(2)		02/17/2030	Kaman Common Stock	4,23	5		4,235	5	D			
Performance- Based Restricted Stock Unit	\$0								(3)		12/31/2023	Kaman Common Stock	2,02	0		2,020)	D			

Explanation of Responses:

- 1. Represents shares withheld from a vested restricted stock award to satisfy tax obligations, as permitted by the Company's Amended and Restated 2013 Management Incentive Plan.
- 2. Exercisable at the rate of 20% per year, generally beginning one year after grant date; expires ten (10) years after grant. All options are issued under the Corporation's 16b-3 qualified stock incentive plans. The Plans include a feature which permits the exercise price for an option to be paid by withholding a portion of the shares otherwise issuable upon exercise.
- 3. Represents performance-based restricted share units ("PSUs") granted under the Amended and Restated Kaman Corporation 2013 Management Incentive Plan, a Rule 16b-3 qualified plan. Each PSU represents a contingent right to receive one share of the common stock, par value \$1.00 per share, of the Company. The number of PSUs that may be earned is between 0% and 200% of the target number of PSUs and shall vest based on ROIC and relative TSR performance over the three-year performance period ending on December 31, 2023. The indicated number of PSUs assumes 100% vesting at target. The actual number of shares issued in settlement of the PSUs may be more or less than the indicated number.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

EXHIBIT 24

Kaman Corp

Power of Attorney for Executing Forms 3, 4 and 5

Know all men by these presents, that the undersigned, director or officer, or both, of Kaman Corp, hereby constitutes and appoints each of Robert D. Starr, Shawn G. Lisle, Richard S. Smith, Jr., John J. Tedone, signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of Kaman Corp (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities of Kaman Corp unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has executed this Power of Attorney as of this 2^{nd} day of January, 2020

/s/ James G. Coogan

James G. Coogan