FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* JONES RUSSELL H						2. Issuer Name and Ticker or Trading Symbol KAMAN CORP [KAMNA]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify)					
(Last) (First) (Middle) 123 KEENEY AVENUE						3. Date of Earliest Transaction (Month/Day/Year) 05/10/2005								X Officer (give title Other (specify below) Sr VP, Chief Investment Off					
(Street) WEST HARTF(06107-1 (Zip)	.458	4. 11	f Ame	ndmei	nt, Date	of Origin	al File	ed (Month/D	ay/Year)	6. Lir	X Form	filed by One	e Rep	g (Check Aporting Person	on	
(- 3)				on-Deriv	vative	Sec	curit	ies Ac	auirea	 I. Di	sposed o	of. or Be	neficia	lly Owne					
1. Title of Security (Instr. 3)		2. Transa Date	2. Transaction		2A. Deemed Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)			d (A) or	5. Amor Securiti Benefic	unt of ies ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) or (D) Price		Transac (Instr. 3	ction(s)			(11301.4)	
Kaman C	Class A Com	nmon		05/10/	2005				M		1,200	A	\$9.9	3,32	23.02(1)		D		
Kaman C	Class A Common			05/10/2005				M		800	A	\$10.31	25 4,12	,123.02(1)		D			
Kaman C	Class A Com	nmon		05/10/	2005				F		1,493	D	\$14.6	9 2,63	30.02 ⁽¹⁾		D		
		T	Table II								posed of converti			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ion Date ise (Month/Day/Year) Ex if a (M		A. Deemed kecution Date, any lonth/Day/Year)		action of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares						
Stock Options (Right to buy)	\$11.495								(2)		(2)	Kaman Class A Common	15,000		15,000)	D		
Stock Options (Right to buy)	\$14.14								(2)		(2)	Kaman Class A Common	7,500		7,500		D		
Stock Options (Right to buy)	\$14.5								(2)		(2)	Kaman Class A Common	8,500		8,500		D		
Stock Options (Right to buy)	\$16.3125								(2)		(2)	Kaman Class A Common	6,000		6,000		D		
Stock Options (Right to	\$17								(2)		(2)	Kaman Class A Common	4,000		4,000		D		

Explanation of Responses:

\$9.9

\$10.3125

Stock

Stock

Options

(Right to buy)

Options (Right to buy)

05/10/2005

05/10/2005

1,200

800

(2)

(2)

Kaman

Class A

Commor

Kaman

Class A

Commo

1,200

800

\$9.9

\$10.3125

(2)

(2)

3,600

0

D

D

^{1.} Includes acquisition of 6.70 shares under the Dividend Reinvestment Program

^{2.} Exercisable at the rate of 20% per year, beginning one year after grant date; expires ten (10) years after grant. All options and stock appreciation rights are issued under the Corporation's 16b-3 qualified Stock Incentive Plan, including options issued under predecessor plan. The Plans include a feature which permits the exercise price for an option to be paid by withholding a portion of the shares otherwise issuable upon exercise.

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.