FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vuoimigton,	D.O.	20040

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	OVAL
	OMB Number:	3235-0287
l	Estimated average burd	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,												
	nme and Address of Reporting Person* NES RUSSELL H 2. Issuer Name and Ticker or Trading Symbol KAMAN CORP [KAMNA]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify												
(Last) (First) (Middle) 123 KEENEY AVENUE						3. Date of Earliest Transaction (Month/Day/Year) 02/22/2005								X Officer (give title Other (specify below) Sr VP, Chief Investment Off					
(Street) WEST HARTFO				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	S. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(SI	-	(Zip)		<u> </u>							, 5		<u> </u>		1			
Date			2. Transa Date	action		2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Transaction D Code (Instr. 5		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4)) or	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	,	Amount	(A) (D)	or P	Price Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Kaman C	lass A Com	ımon												2,116.32(1)				D	
		-							uired, Dis						Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date, T	Transa Code (I			ve es ed ed nstr.	6. Date Exe Expiration I (Month/Day	ate					8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	ve es ially ng ed etion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				c	Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	or	ount nber res					
Stock Options (Right to buy)	\$9.9								(2)		(2)	Kaman Class A Common	4,8	300		4,800)	D	
Stock Options (Right to buy)	\$10.3125								(2)		(2)	Kaman Class A Common	8	00		800		D	
Stock Options (Right to buy)	\$14.14								(2)		(2)	Kaman Class A Common	7,	500		7,500)	D	
Stock Options (Right to buy)	\$14.5								(2)		(2)	Kaman Class A Common	8,	500		8,500)	D	
Stock Options (Right to buy)	\$16.3125								(2)		(2)	Kaman Class A Common	6,0	000		6,000)	D	
Stock Options (Right to buy)	\$17								(2)		(2)	Kaman Class A Common	4,0	000		4,000)	D	
Stock Options (Right to	\$11.495	02/22/2005			A		15,000		(2)		(2)	Kaman Class A Common	15,	000	\$11.495	15,00	0	D	

Explanation of Responses:

buy)

- 1. Includes acquisition of 7.54 shares under the Dividend Reinvestment Program
- 2. Exercisable at the rate of 20% per year, beginning one year after grant date; expires ten (10) years after grant. All options and stock appreciation rights are issued under the Corporation's 16b-3 qualified Stock Incentive Plan, including options issued under predecessor plan. The Plans include a feature which permits the exercise price for an option to be paid by withholding a portion of the shares otherwise issuable upon exercise.

Russell H Jones

02/2<u>3/2005</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information of	contained in this form are not req	uired to respond unless the form di	splays a currently valid OMB Number.