| SEC Form | n 4 | | | | | | | | | | | | | | | | | | | |
|--|---|--|---|-------|--|--|----------|---------|----------------|--|--------|--------------------------|--|---------------------------------|--|--|---|--------------------------------------|--|--------------------------------------|
| F | ORM 4 | . U | INITED | STA | TES | SE | | | ES A | | | - | NGE | CON | IMIS | SION | | OMB | APPRO | |
| Section 1 | is box if no long L6. Form 4 or Fo ns may continuo on 1(b). | orm 5 | STATE | | d pursu | Jant t | o Sectio | on 16(a | a) of the | e Secu | ritie | IEFICI | ge Act of | | RS | HIP | OMB | Numbe | | 3235-0287 |
| 1. Name and Address of Reporting Person [*] <u>STATH REBECCA FRANCES</u> | | | | | | or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol KAMAN Corp [KAMN] | | | | | | | | | | | of Reportir able) r (give title | , | | wner specify |
| (Last)(First)(Middle)C/O KAMAN CORPORATION1332 BLUE HILLS AVENUE | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/01/2021 | | | | | | | | | | X Oncer (give the below) below) below) VP ACCOUNTING & PAO | | | |) | |
| (Street) BLOOMFIELD CT 06002 (City) (State) (Zip) | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | | Line) | Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| | | Table | e I - Non-l | Deriv | ative | Sec | uritie | s Ac | quire | d, Di | isp | osed o | f, or Be | enefi | cially | v Owned | | | | |
| 1. Title of Security (Instr. 3) Date (Month/D | | | | | Execution Date, | | | | Cod | Transaction Disposed Of (D) (Instr. | | | | 4 and 5) Securitie Beneficia | | es Forn ally (D) o Following (I) (Ir | | n: Direct or Indirect nstr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | | | | | Cod | ie V | | Amount | (A) or (D) Price | | ice | Transaction(s) (Instr. 3 and 4) | | \mid | | 、 ····· ··· | |
| Kaman Co | mmon Stoc | | | 03/01 | | | | | F | | | 49 ⁽¹⁾ | D | | 48.66 | | 7.2808 | | D | |
| | | Ta | able II - Do (e | | | | | | | | | osed of, onvertik | | | | Owned | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | | 4. Transa Code (8) | | | | Expira | 6. Date Exerci Expiration Da (Month/Day/Yo | | • | 7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4) | | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4) | | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Beneficial Ownershi (Instr. 4) |
| | | | | | Code | v | (A) | (D) | Date Exerci | isable | | Expiration Date | Title | or | ount nber ires | | | | | |
| Stock Options (Right to Buy) | \$64.48 | | | | | | | | (2 | (2) | |)2/17/2030 | Kaman Common Stock 1,54 | | 540 | | 1,540 | | D | |
| Stock Options (Right to Buy) | \$61.02 | | | | | | | | (2) | | C |)2/18/2029 | Kaman Common Stock 1,42 | | 420 | | 1,420 | | D | |
| Performance- Based Restricted | \$0 | | | | | | | | (3 | 3) | 1 | 2/31/2023 | Kaman Commo Stock | | 80 | | 980 |) | D | |

Explanation of Responses:

Stock Unit

1. Represents shares withheld from a vested restricted stock award to satisfy tax obligations, as permitted by the Company's Amended and Restated 2013 Management Incentive Plan.

2. Exercisable at the rate of 20% per year, generally beginning one year after grant date; expires ten (10) years after grant. All options are issued under the Corporation's 16b-3 qualified stock incentive plans. The Plans include a feature which permits the exercise price for an option to be paid by withholding a portion of the shares otherwise issuable upon exercise.

3. Represents performance-based restricted share units ("PSUs") granted under the Amended and Restated Kaman Corporation 2013 Management Incenter Plan, a Rule 16b-3 qualified plan. Each PSU represents a contingent right to receive one share of the common stock, par value \$1.00 per share, of the Company. The number of PSUs that may be earned is between 0% and 200% of the target number of PSUs and shall vest based on ROIC and relative TSR performance over the three-year performance period ending on December 31, 2023. The indicated number of PSUs assumes 100% vesting at target. The actual number of shares issued in settlement of the PSUs may be more or less than the indicated number.

| /s/ Richard S. Smith, Jr., Power | 02/02/2021 | | | |
|----------------------------------|------------|--|--|--|
| of Attornov for Mc Stath | 05/02/2021 | | | |

of Attorney for Ms. Stath

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

EXHIBIT 24

Kaman Corp

Power of Attorney for Executing Forms 3, 4 and 5

Know all men by these presents, that the undersigned, director or officer, or both, of Kaman Corp, hereby constitutes and appoints each of Robert D. Starr, Shawn G. Lisle, Richard S. Smith, Jr., signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of Kaman Corp (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities of Kaman Corp unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned has executed this Power of Attorney as of this $8^{\rm th}$ day of May, 2020

/s/ Rebecca F. Stath Rebecca F. Stath