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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

SCHEDULE 13G  
Under the Securities Exchange Act of 1934  
(Amendment No. \_\_\_\_)\*

KAMAN CORPORATION  
(Name of Issuer)

COMMON STOCK  
(Title of Class of Securities)

483548103  
(CUSIP Number)

\*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

1 NAME OF REPORTING PERSON  
S.S. OR I.R.S. IDENTIFICATION NO. OF ABOVE PERSON  
  
SANFORD C. BERNSTEIN & CO., INC.  
767 FIFTH AVENUE  
NEW YORK NY 10153

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (a) / /  
(b) / /

3 SEC USE ONLY

4 CITIZENSHIP OR PLACE OF ORGANIZATION

	5	SOLE VOTING POWER
		936,200
NUMBER OF SHARES	6	SHARED VOTING POWER*
BENEFICIALLY		22,249
OWNED BY EACH	7	SOLE DISPOSITIVE POWER
REPORTING PERSON		1,048,307
WITH	8	SHARED DISPOSITIVE POWER
		0

9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON  
  
1,048,307

10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9)  
EXCLUDES CERTAIN SHARES / /

11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW 9  
  
5.8%

12 TYPE OF REPORTING PERSON  
  
IA/BD

\* Sanford C. Bernstein & Co., Inc. clients who have appointed an independent  
voting agent with instructions to vote shares in the same manner as Sanford C.  
Bernstein & Co., Inc.

Sanford C. Bernstein & Co., Inc.  
Investment Research and Management  
One State Street Plaza, New York, N.Y. 10004-1545  
212-504-5000 Fax 212-504-5121 Registered Investment Advisor  
Member, New York Stock Exchange, Inc.

SCHEDULE G  
Under the Securities Exchange Act of 1934

Item 1(a): Kaman Corporation  
Item 1(b): Blue Hills Avenue Bloomfield CT 06002

Item 2(a): Sanford C. Bernstein & Co., Inc.  
Item 2(b): 767 Fifth Avenue New York NY 10153  
Item 2(c): New York  
Item 2(d): Common  
Item 2(e): 483548103

Item 3: Investment Advisor/Broker Dealer

Item 4(a): 1,048,307  
Item 4(b): 5.8%  
Item 4(c)(i): 936,200  
Item 4(c)(ii):\* 22,249  
Item 4(c)(iii): 1,048,307  
Item 4(c)(iv): 0

Item 5: Not Applicable

Item 6: The security referred to in this schedule is held for the accounts of discretionary clients. These clients have the right to receive dividends from and the proceeds of the sale of such security.

Item 7: Not Applicable

Item 8: Not Applicable

Item 9: Not Applicable

Item 10: By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired in the ordinary course of business and were not acquired for the purpose of and do not have the effect of changing or influencing the control of the issuer of such securities and were not acquired in connection with or as a participant in any transaction having such purpose or effect.

\* Sanford C. Bernstein & Co., Inc. clients who have appointed an independent voting agent with instructions to vote shares in the same manner as Sanford C. Bernstein & Co., Inc.

Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify  
that the information set forth in this statement is true, complete and correct.

1/30/97  
Date

/s/ Michael Borgia  
Signature

Michael Borgia, Senior Vice President  
Name/Title